

SUNDAY MENU

● TO BEGIN

Broccoli & Stilton Soup *V + G.F.A*

Broccoli soup with stilton cream
and blue cheese croutons

Prawn Salad *G.F.A*

Asian prawn salad with pickled cucumbers,
shrimp crackers and dressed with coconut
sriracha.

● MAIN EVENT

Maudsley Farm Beef

Roasted and sliced Maudsley farm beef,
Yorkshire pudding and rich gravy.

Gammon *G.F.A*

Grilled Horseshoe gammon steak
with crispy pineapple fritter and
chilli jam.

*All served with vegetable selection,
roasted and mashed potatoes.*

Fresh Salmon Fillet *G.F.A*

Cajun spiced fresh salmon fillet with tomato,
cucumber and chilli salsa, served with sour
cream and a lime and coriander pilaf.

Tomato Tart *V*

Roasted tomato, shallot and fresh basil tart
topped with a cheddar and breadcrumb
crust, served with dressed salad and
chunky chips.

Please see separate menu for a selection of homemade desserts.

1 Course £18

2 Course £22

3 Course £25

Kids Roast (1 Course) £11

All food served from 12-7pm. Our dishes don't always mention every ingredient.
For full allergen information please ask a member of staff.

Week 2



starters

gyozas

crispy roasted pork filled dumplings deep fried served with hoi sin dipping sauce and pickled cucumbers.

popcorn prawns

plump greenland prawns tossed in our own salt and pepper coating, deep fried crispy, served with pea shoots and sweet chilli dipping sauce.

main courses

steak and onion pie

a proper pie – slow cooked maudsley farm beef with rich local ale gravy in our all-butter shortcrust pastry, served with vegetable selection and chips.

fish and chips

fresh fleetwood haddock fillet deep fried in a light ale batter served with mushy peas and chips.

grandma's cheese pie

an old family recipe – three cheeses, onion and potato oven-baked in a shortcrust pastry pie, served with salad and chips.

goan vegetable curry

cauliflower, red pepper, green beans and potato cooked in our mild goan spice paste with tomato, coconut and tamarind served with vegetable pilaf and bhel puri.

cheese burger

maudsley farm beef burger grilled and topped with mature cheddar and tomato relish on a toasted bun, served with salad and chips.

beetroot falafel flatbread

homemade beetroot falafel on our fresh dough flatbread with shredded gem lettuce, spicy harissa-dressed salad and side of chips.

chicken flatbread

cajun marinated chicken breast pan fried with onions on our fresh dough flatbread with shredded gem lettuce, mayonnaise, dressed side salad and a side of chips.

ideal for sharing

£7.95

samosas

spiced potato and spinach samosas served with a bowl of tarka dal and mango chutney.

£9.95

£9.50

flatbread & hummus

freshly baked handstretched flatbread served with homemade hummus, olive oil and a balsamic glaze.

£8.95

£10.95

with nduja spicy sausage or olives

£12.95

with both

pizzas

£16.95

all handstretched fresh dough (approx 11")

pen-y-ghent

tomato marinara, mozzarella and fresh basil.

£12.95

£16.50

ingleborough

tomato marinara, mozzarella, hot honey glazed chicken, buffalo mozzarella, roasted baby plum tomatoes and oregano.

£14.95

£14.95

whernside

tomato marinara, mozzarella, bbq beef brisket, chilli jam, roasted shallots and piquante peppers.

£14.95

£14.95

smearsett

tomato marinara, mozzarella, nduja spicy sausage, italian salami and prosciutto ham, red onion and fresh chilli.

£15.95

£14.95

attermire

tomato marinara, mozzarella, garlic and herb roasted portobello mushroom, creamed spinach, parmesan shavings and fresh rocket.

£13.95

£13.95

garlic bread

our homemade pizza base generously spread with garlic butter.

£7.95

£14.95

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knights table guest network

allergens:

Please inform a member of staff if you have any allergies, intolerances or special dietary requirements. While we try our best to accommodate allergies, we are not an allergen-free kitchen, so we cannot guarantee everything is 100% allergen free.

THE KNIGHTS TABLE

01729 823387

BD24 0DP

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posts!


 eatattheknightstable

 ethe_knights_table



 **VE** vegan available

 **V** vegetarian

 **GF** gluten-free
available