

SUNDAY MENU

● TO BEGIN

Leek & Potato Soup *V + G.F.A*

Leek, potato and spinach soup, beetroot crisps and herb cream served with warm homemade roll and butter.

Greenland Prawns *G.F.A*

Sauted in lemon and parsley butter over toasted crostini with dressed rocket salad.

● MAIN EVENT

Maudsley Farm Beef *G.F.A*

Roasted and sliced Maudsley farm beef, Yorkshire pudding and rich gravy.

Roast Pork

Roasted pork loin, sausage and onion stuffing with rich cider gravy and caramelised apple.

All served with vegetable selection, roasted and mashed potatoes.

Fish Curry *G.F.A*

Salmon, tiger prawns and haddock cooked in a mild Goan curry sauce, steamed rice and poppudom.

Vegetable Tart *V*

Roasted vegetable tart tatin topped with grilled goats cheese and caramelised red onion served with dressed salad and chunky chips.

Please see separate menu for a selection of homemade desserts.

1 Course £19

2 Course £23

3 Course £26

Kids Roast (1 Course) £11

All food served from 12-7pm. Our dishes don't always mention every ingredient.
For full allergen information please ask a member of staff.

Week 3



starters

popcorn prawns

plump greenland prawns tossed in our own salt and pepper coating, deep fried crispy, served with pea shoots and spicy sambal.

belly pork bites

crispy belly pork pieces in a sticky hoisin glaze served with shredded vegetables and warm wheat pancakes.

ideal for sharing

nachos

corn tortillas oven-baked with mozzarella cheese and jalapeños, topped with a tomato salsa, guacamole and sour cream.

samosas

spiced potato and spinach samosas served with a bowl of tomato rasam and mango chutney.

pizzas

all handstretched fresh dough (approx 11")

pen-y-ghent

tomato marinara, mozzarella and fresh basil.

ingleborough

tomato marinara, mozzarella, roast chicken, buffalo mozzarella, roasted baby plum tomatoes and oregano.

wherside

tomato marinara, mozzarella, korean beef brisket, chilli jam, roasted shallots and piquante peppers.

smearsett

tomato marinara, mozzarella, chorizo, italian salami and prosciutto ham, red onion and fresh chilli.

attermire

tomato marinara, mozzarella, garlic and herb roasted portobello mushroom, creamed spinach, parmesan shavings and fresh rocket.

main courses

beef lasagne

rich maudsley farm beef ragù layered with pasta sheets, creamy béchamel sauce and mozzarella cheese; oven baked and served with dressed salad, chips or garlic bread.

fish and chips

fresh fleetwood haddock fillet deep-fried in a light ale batter served with mushy peas and chips.

small: **£11.95**

grandma's cheese pie

an old family recipe - three cheeses, onion and potato oven-baked in a shortcrust pastry pie, served with salad and chips.

manchurian cauliflower

crispy coated cauliflower florets in a sweet spicy soy and chilli glaze with black beans, sugar snap peas, spring onions and ginger served with crispy kale and steamed jasmine rice.

cheese burger

two 4oz maudsley farm beef burgers grilled and layered with crispy streaky bacon, topped with mature cheddar and tomato relish on a toasted bun with salad and chips.

chicken katsu burger

crispy panko breaded chicken fillets on a toasted bun with gem lettuce, topped with a katsu mayonnaise served with salad and chips.

quesadilla

mexican-inspired grilled tortilla sandwich filled with roasted vegetables, tomatoes and mozzarella cheese - served with chipotle salsa, guacamole and chips.

£9.95

£8.95

£10.50

£10.95

£13.50

£15.50

£15.50

£16.50

£14.50

£15.95

£17.50

£15.50

£15.95

£15.50

£15.50

£14.95

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allergens:

Please inform a member of staff if you have any allergies, intolerances or special dietary requirements. While we try our best to accommodate allergies, we are not an allergen-free kitchen, so we cannot guarantee everything is 100% allergen free.

THE KNIGHTS TABLE

01729 823387

BD24 0DP



 vegan available

 vegetarian

 gluten-free available

 dairy-free available